

TCOS COURSES



TCOS Coaching Mindset Essentials™ *Cohort 2 End-of-Course Survey Results*

May 10, 2021



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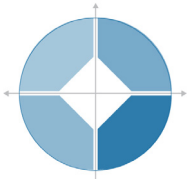
Leadership Strategies International (LSI) is pleased to share the latest survey results from our TCOS Coaching Mindset Essentials™ course. It was customized and delivered to Lawrence Livermore National Laboratory by our training director, Dr. Laura Hauser, in partnership with Fielding Graduate University.

The TCOS Coaching Mindset Essentials™ course expands the mindset, knowledge, and skills needed to powerfully coach leaders and team members. Empowered with a coaching mindset, positive change happens when you:

- Work more collaboratively to increase levels of trust and engagement during every interaction;
- Drive change initiatives in a way that shapes resilient workplace cultures; and
- Build more healthy and collaborative cultures across the organization.

We custom-design our TCOS Team Coaching Operating System® program based on your unique needs. Courses are taught in-person, virtually, or through a mix of both, and can be taken individually or as a complete, accelerated program. Our program meets the highest quality standards, accredited and overseen by the International Coach Federation (ICF). The end result: a deeply transformational 12-week learning experience.

Bonus: Apply your coach training hours toward your ICF coaching credential application or renewal of your credential.

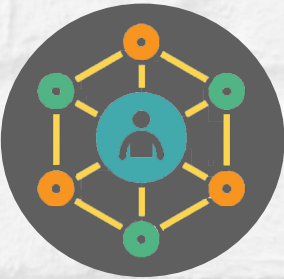


"This was the best course I have taken. It can be used both professionally and personally."

TCOS COACHING MINDSET ESSENTIALS™

Rapidly expand your mindset as a coach. Learn the essential knowledge, competencies and qualities needed to effectively coach individuals in the workplace.

This 34-hour course includes:
Virtual kickoff, four (4) weekly two-hour Zoom coaching training sessions, 2-day virtual intensive workshop, and implementation support.



100%
OF PARTICIPANTS SAID THEY WOULD RECOMMEND THE COURSE TO A COLLEAGUE



HERE ARE SOME EXAMPLES OF ACTUAL RESULTS REPORTED BY PARTICIPANTS WHEN THEY APPLIED A COACHING MINDSET.



My new coaching mindset has helped **people I coached unravel the real root of their problems** to better address them.



I've found more ways, outside the workplace, to apply coaching and **it has made a huge difference in how I hear people** and what they're going through.



A client of mine had an issue with being overwhelmed. By **asking thought-provoking questions**, I was able to help the client hone in on that one thing that would **make a difference** at the present moment.

ABOUT THE 19 COURSE PARTICIPANTS



PROJECT MANAGER / TEAM LEAD



NON-SUPERVISOR OR MANAGER



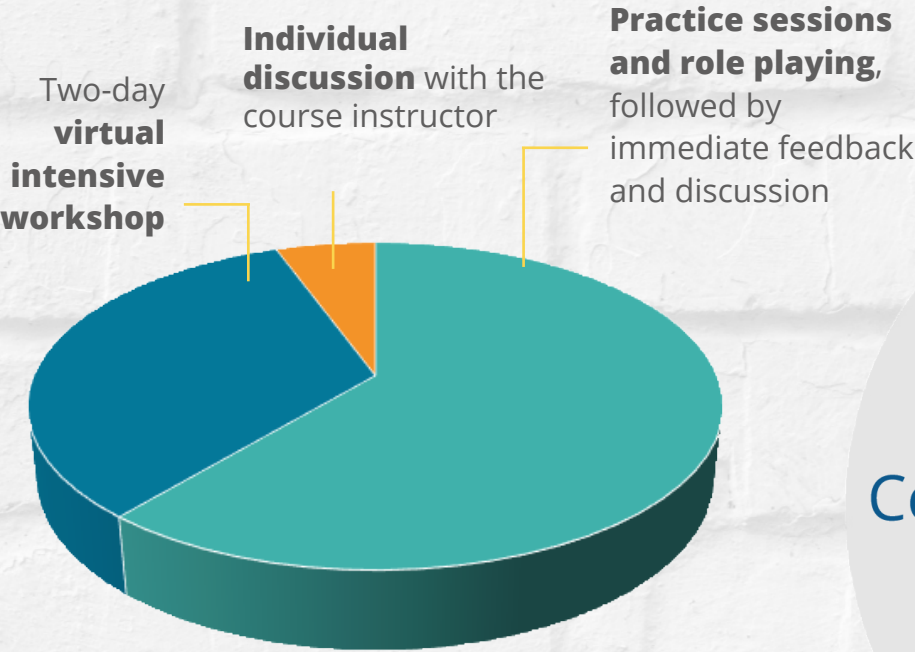
SUPERVISOR OR MANAGER



OMBUD

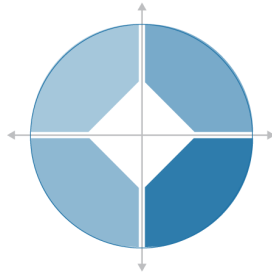


3 THINGS PARTICIPANTS LIKED MOST ABOUT THEIR WEEKLY CLASSES



WHEN ASKED WHICH SKILL THEY DEVELOPED MOST THROUGHOUT THE COURSE, PARTICIPANTS RESPONDED...

GuidingMyClient
ThinkingOutsideTheBox
CoachingMindset
Listening
CoachingVsGivingAdvice
AvoidingAskingWhyQuestions
AbilityToFocusOnOutcome
AskingQuestions
QuestionQueuing



TCOS Coaching Mindset Essentials™

This course was **offered through a partnership between Leadership Strategies International and Fielding Graduate University**. Through the partnership, employees benefit from direct access to our proprietary TCOS courses (all ICF-ACSTH accredited) **paid by tuition assistance** through their employer's education reimbursement program.

The truly measurable benefit of this partnership lies in the results, as leaders — and professionals who support them — use TCOS to expand their capacity to **lead change, navigate disruption and embody a coaching mindset**. The outcome: building more **inclusive and engaged workplace cultures**.

What are your plans for rapidly upgrading your internal HR and business managers' capability to effectively coach individuals and teams? **Contact us to learn more.**

Leadership Strategies International

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honor the present, challenge the past, create the future®

CLASS NOTES

I personally enjoyed every part of the class. Keep up the great work!

•

I really enjoyed this course! I will be looking to continue my education in coaching!

•

This was an excellent course and I'm looking forward to taking "Team Coaching" next.

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Great course, content, and teaming.

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I highly recommend this course.